

GUYANDGIRL

SPA

MASSAGE

A destination for guests and locals alike, designed with the GUYandGIRL in mind.

GUYandGIRL SIGNATURE

30 minutes \$85 | 50 minutes \$135 | 80 minutes \$205

Our signature full body massage promotes relaxation and tension relief. Customizable on desired areas.

DEEP TISSUE MASSAGE | 50 minutes \$165 | 80 Minutes \$245

A powerful therapy for those with tense muscle conditions to release deep adhesions and enhance range of motion.

STONE THERAPY MASSAGE | 50 minutes \$175 | 80 minutes \$250

The ancient art of hot stone healing brings relief to tense muscles, aching joints, and stressed minds.

MOM TO BE MASSAGE | 50 minutes \$145

A safe yet effective massage designed for you and your baby that focuses on traditionally tired areas associated with pregnancy.

REFLEXOLOGY | 30 minutes \$85 | 50 minutes \$160

Specific pressure points on the feet are stimulated, encouraging the body to release blockages for natural healing.

SWE-THAI MASSAGE | 50 minutes \$175 | 80 minutes \$245

An innovative style of massage combining advance soft tissue therapies with passive yoga style stretching.

CHAKRA HARMONY MASSAGE | 50 minutes \$175

Achieve optimal energetic and body health as you restore balance within your Chakras. Unique energy massage techniques increase Chakra energy flow to balance the body's natural rhythms. This ultimate restorative experience is designed to promote harmony of mind, body, and soul.

RESTORATIVE RITUAL | 80 minutes \$205

Relax and Restore both mind and body with our therapeutic GUYandGIRL Wellness Ritual massage. Lay back and indulge in a blend of soothing aromatic botanical oils. Our skilled massage therapists help you achieve the ultimate Zen with a custom tailored full body massage that includes our mind-melting scalp therapy.

GUYANDGIRL COUPLES TREATMENTS | Add on for \$35.00

Any of our GUYandGIRL massage treatments can be reserved in our couples suite, complete with a glass of bubbly and chocolate covered strawberries.

BODY

GUYandGIRL GLOW | 30 minutes \$85 | 50 minutes \$155

Salvation for dull skin and weary muscles! Our custom aroma blended buff scrub will smooth skin, while our antioxidant rich body butter delivers a muscle melting massage.

DETOX RITUAL | 80 minutes \$245 | 110 minutes \$275

Discover tranquility with our signature ritual. Skin texture is revived with dry brushing techniques, and our custom aroma blended buff scrub. Melt away with a customized massage that will address all your concerns. The service is concluded with a warm oil scalp massage that will leave you in euphoria.

HANDS & FEET

All manicures and pedicures are completed with nail and cuticle shaping.

GUYandGIRL HANDS | 30 minutes \$35

GUYandGIRL FEET | 50 minutes \$55

EXPRESS MANICURE

Hands 20 Min. \$25 | Feet 20 Min. \$35

GEL ENHANCEMENT | Hands or Feet \$25

POLISH CHANGE | Hands or Feet 15 Minutes \$18

FACIALS

SORELLA

A P O T H E C A R Y

GUYandGIRL PURE BRILLIANCE | 50 Minutes \$135 

Reveal a bright, smooth and radiantly youthful-looking complexion with this targeted, powerful facial. Tailored to your skin's needs, this advanced treatment refines and instantly revitalizes a dull and tired looking complexion, leaving your skin supple and radiantly healthy.

VITAL-TLC | 50 Minutes \$155

Lay back and allow us to get right to it with our European style facial. Catering to your skin's needs you will leave cleansed, exfoliated and treated with a skin-type specific Mask. True tender loving care customized to you.

MEGA MOISTURIZER | 50 Minutes \$155

This deeply nourishing and hydrating facial is designed to replenish moisture into dry and dehydrated skin. You will leave feeling hydrated and dewy.

AGE REVERSE | 50 Minutes \$155 | 80 Minutes \$205

During this turn back time treatment special care is taken to tone and firm fine lines. While using LED lights to help kick-start collagen and improve muscle tone, extractions and a specialty mask result in a more youthful appearance truly turning back the hands of time.

DETOX | 50 Minutes \$155

Customized to target breakouts and clear your skin for both adolescent and mature skin types, this gentle (yet effective) facial helps to minimize, calm and relieve inflamed acne while also prepping the skin for success in preventing future breakouts. Enjoy a relaxing stone facial massage that increased your circulation giving you a healthy fresh face.

EXPRESS | 25 Minutes \$75

A rejuvenating boost and refreshing reset for you and your skin. Great before an event.

NEED TO KNOW

ARRIVAL

Please arrive at least 15 minutes prior to your appointment to allow for check-in and consultation. Should you arrive late, your treatment may be shortened. Please bring a valid form of ID. You must be 16 to use the spa with a legal guardian's consent. Walk-ins are always welcome.

SPA HOURS

11:00 A.M. to 7:00 P.M. Monday - Thursday

10:00 A.M. to 8:00 P.M. Friday - Sunday

CANCELLATION POLICY

We require a minimum of 8 hours advance notice for cancellation. The treatments you schedule are reserved especially for you. Any cancellation less than four hours from appointment time will be billed in full to the credit card used at the time of booking.

SERVICE CHARGE

Service Charge GUYandGIRL Spa will add a 20% automatic gratuity to the final bill based on the regular price of our treatments. This may be changed at your discretion.

RETURN POLICY

GUYandGIRL Spa is confident you will love your purchase from our boutique. If you are not satisfied in any capacity, we will be happy to accept returns on most merchandise within 10 days of purchase with a valid receipt. Clothing must be unworn and unwashed with the original tags. Other products such as skin care must be in original packaging. Credit card purchases will be refunded in full to original payment method while cash purchases will be given store credit.

GIFT CARDS

Available for any amount, GUYandGIRL Spa and Salon Gift Cards are the perfect gift for anyone, and are redeemable for spa treatments and retail selections from our boutique. Lost and stolen cards are not replaceable. Cards may not be redeemed for cash. Gift certificates are transferable but non-refundable.

SPA ETIQUETTE

We suggest you arrive at least 15 minutes prior to your first appointment to allow ample time to change, shower and acclimate to the spa environment. The spa atmosphere is one of calm and quiet, to preserve the tranquil nature of the spa, please be considerate of other guests. Speak quietly. Cell phones and laptops are not permitted in the spa.

WELLNESS

We've partnered with Miami Beach local fitness studios to offer Weekend Wellness classes that include meditation, yoga, bootcamp and boxing.

MONDRIAN
SOUTH BEACH

1100 WEST AVENUE | MIAMI BEACH, FLORIDA 33139

GUYANDGIRLSPA.COM | 305.514.1950